

## The Invitation

This was sent to me by a client of mine, I have read and reread it many times and so I share it with you all, because I believe that there are times in our lives that we need a reminder of certain simple truths. It is the simple things that go unheard in the noise of life.

Wisdom from an Indian Elder  
By Oriah Mountain Dreamer

It doesn't interest me what you do for a living.  
I want to know what you ache for,  
and if you dare to dream of meeting your heart's longing.  
It doesn't interest me how old you are.  
I want to know if you will risk looking like a fool for love,  
for your dreams, for the adventure of being alive.

It doesn't interest me what planets are squaring your moon.  
I want to know if you have touched the centre of your own sorrow,  
if you have been opened by life's betrayals  
or have become shrivelled and closed from fear of further pain!  
I want to know if you can sit with pain, mine or your own,  
without moving to hide it or fade it or fix it.  
I want to know if you can be with joy, mine or your own,  
if you can dance with wildness  
and let the ecstasy fill you to the tips of your fingers  
and toes without cautioning us to be careful, be realistic,  
or to remember the limitations of being human.  
It doesn't interest me if the story you're telling me is true.  
I want to know if you can disappoint another to be true to yourself,  
if you can bear the accusation of betrayal and not betray your own soul.  
I want to know if you can be faithful and trustworthy.  
I want to know if you can see beauty even when it is not pretty every day,  
and if you can source your life from God's presence.  
I want to know if you can live with failure, yours and mine,  
and still stand on the edge of a lake  
and shout to the silver of the full moon, "Yes!"  
It doesn't interest me to know where you live or how much money you have.  
I want to know if you can get up after a night of grief  
and despair, weary and bruised to the bone,  
and do what needs to be done for the children.

It doesn't interest me who you are, how you came to be here.  
I want to know if you will stand in the centre of the fire with me and not shrink back.  
It doesn't interest me where or what or with whom you have studied.  
I want to know what sustains you from the inside when all else falls away.  
I want to know if you can be alone with yourself,  
and if you truly like the company you keep in the empty moments.