

Pendulums

The pendulum is basically an amplifier. It is a tool that helps you to access the collective unconscious and your Higher Self.

The pendulum is a simple system which you can use to help you discover what the future may hold for you. It's been around for centuries and is a great way to tune into psychic energies and can be used for obtaining everything from simple yes-or-no answers to finding lost objects or even people!

Everybody is capable of working with the pendulum. Learning to work with it is like learning to play an instrument. It requires constant practice and experimentation. It is imperative that you start with a prayerful request or statement, to be able to receive truthful answers which serve the good of all concerned. All that is required is that you be undivided and totally present in the moment.



Choose A Pendulum:

Pendulums are made from a variety of materials including crystals, wood, glass, and metals.

Allow a pendulum to choose you. If you like the way it looks or feels, it is meant for you.

Cleanse Your Pendulum:

You may cleanse it by holding it under running cold tap water, soaking it in sea salt, or setting a mental intention to free it of 'picked up energies.'

Programming your pendulum:

You can ask about anything you like with the pendulum if the question can be answered with YES or NO. Pendulums swing in vertical straight lines, horizontal straight lines, and in circular movements. Each pendulum may have a different response. Likewise, each person must establish their own directional swings before using one. It is important to determine what each pendulum movement means for you.

Take a seated position at a desk or table. Place your feet flat on the floor resting your elbow on the desk. Hold the pendulum by the end of the chain

between your thumb and index finger. Make sure that your upper body and back are straight, that the energy can flow freely. Put your other hand flat on the table. Relax. Let your breath flow calmly.

Assign each directional swing a "response" by first asking the pendulum to show you what certain responses look like. Ask: What does a NO look like? What does a YES look like? Observe how it moves, at times they can spin very fast.

As an example this is how mine works.

My vertical swing signifies NO, my horizontal swing shows me a YES and my circular movement shows me NEUTRAL.

Once you have determined how your pendulum works for you, It is important not to deviate from it. When you have programmed your pendulum it is important to test it. Prove to yourself that it really works. Ask a question that you already know the answer to. A correct answer will follow when the question is asked in the right way, and one that can be answered with a positive, negative or neutral response. It is also a good idea to be prepared to ask several questions in order to

receive enough information to aid you in your quest for answers.

Accept information only if your instincts assure you it is accurate.

Keep a notebook handy to write down your questions and your pendulum's response.

Make sure that your pendulum has been cleared of any negative energy before and after each use.

Experiment and have fun with your pendulum. Once you gain experience you may be very surprised at the accuracy of the answers you begin to receive.