

## How To Listen To Your Pet

If you have a pet , you are probably aware that animals have their own personalities, they have likes and dislikes and feelings of affection and, at times anger. It often seems that they are trying very hard to tell us things and trying let us know what it is they want. With just a bit of practice and understanding, we can.

All animals can be communicated with on a psychic level, in fact they always do! , your subconscious mind lets them know how you feel about it, and in turn, they respond by sharing the same information about their thoughts and feelings with you. The trick, then, is becoming aware of this communication and using it in a way that will create a bond of understanding between you and your animal friends.

To do this we need to understand how psychic communication with animals takes place, how animals think and react on a mental level and what to expect from your “conversations” with animals.

All psychic communication with animals takes

place in the generally subconscious strata of your brain, for that matter, most psychic and intuitive processes do. Animals think like this all the time. This means that animals think in ideas rather than words. They simply “know” what they want or need. They “feel” their way through the world, rather than using reason and logic. By dealing with them on this level you can get very clear understanding of what they think and want. In turn you can, by clarifying your position, let them know what you think. !

### **Establishing a connection**

Focus your attention on the animal you are addressing or listening to. This does not mean you have to stare at them. That is intimidating to most animals and does not work.

Choose to think of something the animal likes, possibly a lead for walking or a favourite object then hold the image of the idea you wish to present to them within your mind for a few moments. This may take a few attempts but keep practising and be alert and when they react as they normally would without any physical or verbal alert from you, it is at this point you will know the connection has

been made and that you are both now communicating on a psychic level.

This all happens in a matter of seconds and with a bit of practice you will find yourself open to this form of information all the time.

As they come to trust that you hear them, they will send more messages back to you and you will hear them clearly. Now that the channel is open, you can ask them to do things and respond to their needs far more accurately than you could otherwise.

Talking to our animals is highly rewarding, and learning these skills will allow you to understand any health or behaviour issues that an animal is having, and how best to help them.

I have had many years communicating with our dog Rocky and found it incredibly fulfilling and fun as well as being helpful towards his care and his wants and needs as he got older. We would often play games together. He would be in the garden pretending to sleep and I in the house hiding from him, I would ask him in my mind if he wanted a sweet. I could clearly see him from my hiding place, he would open his eyes and have one

ear pricked listening for me. Every time he would run in straight to the kitchen and look at his cupboard for that treat, he heard me well.

Rocky and I got so good at it that we got to a point where I would just look deeply into his eyes and get one word translations from him, mostly treat because he loved his sweets ,and then I would use imagery to explore what kind he wanted. As he got older this way of talking with him was so important as his health was suffering, and I wanted to be sure he was receiving the right medication to alleviate leg pains. When his time to leave us came and he told me it gave us time to not only prepare ourselves for the time that he would not be here but also for me to respond to his needs straight away. He went to sleep at 12 years old with the sun shining all around him, peacefully with his family in our garden where we always played and comes back to me often to let me know he is well.

